



INLAND EMPIRE BREASTFEEDING RESOURCES

Public Health Women, Infants and Children Program

This document is intended to help you locate breastfeeding resources in the Inland Empire. Please call to schedule an appointment. For more information on breastfeeding resources, visit wic.sbcounty.gov.

BREASTFEEDING SERVICES			
SUPPORT LINE	IN-PERSON CLINIC	IN-HOME SUPPORT	VIRTUAL CLINIC

SERVICE(S)	FEE-BASED	RESOURCE NAME	CITY	HOURS OF OPERATION	PHONE NUMBER
		St. Mary's Medical Center- Mommy and Me Center 16051 Kasota Rd., Ste. #800, Apple Valley	Apple Valley	Times vary, please call.	(760) 217-5971
		Barstow Community Hospital 820 E. Mountain View St., Barstow * Clinic is ONLY available for patients that have given birth at the hospital.	Barstow	Times vary, please call.	(760) 957-3323
		The Mom and Dad Project 41820 Garstin Dr., Big Bear Lake	Big Bear Lake	Mon. - Thurs. 9 a.m. - 5 p.m.	(909) 878-2326
		Birth Your Way Birth Center 10420 Beaumont Ave., Suite I, Cherry Valley	Cherry Valley	Tues. - Thurs. 9 a.m. - 5 p.m. (closed from 12 - 1 p.m.)	(909) 343-8766
		Public Health Foundation Enterprises WIC	Chino & Pomona	Mon. - Fri. 9 a.m. - 5:30 p.m.	(888) 278-6455
		Arrowhead Regional Medical Center 400 N. Pepper Ave., Colton * Offers prenatal breastfeeding classes.	Colton	Times vary, please call.	(909) 580-3348
		Corona Regional Medical Center- Baby Connection Center * Clinic is ONLY available for patients that have given birth at the hospital.	Corona	Times vary, please call.	(951) 808-6721
		Just Natural Breastfeeding Solutions	Inland Empire, Riverside & Orange County	Times vary, please call.	(951) 394-2087
		Best Fed Babies and Virtual Breastfeeding Help	Inland Empire	Times vary, please call.	(951) 288-1920
		Community Action Partnership of Kern WIC Program * Must be a WIC participant.	Kern County (Adelanto, Big Bear, Crestline, & Needles)	Mon. - Fri. 7:30 a.m. - 5 p.m.	(866) 327-3074



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SERVICE(S)	FEE-BASED	RESOURCE NAME	CITY	HOURS OF OPERATION	PHONE NUMBER
		Loma Linda University Children's Hospital- Birth and Beyond Education Center	Loma Linda	Times vary, please call.	(909) 558-6262
		Rancho Springs Medical Center- Admin Building 25520 Medical Center Dr., Murrieta	Murrieta	Times vary, please call.	(951) 440-8428
		Desert Regional Medical Center- Healthy Beginnings 1180 N. Indian Canyon Dr., Palm Springs	Palm Springs	Times vary, please call.	(760) 416-4754
		Pomona Valley Hospital- Lactation Center 1798 N. Garey Ave., Pomona	Pomona	Times vary, please call.	(909) 623-6455
		Redlands Community Hospital- Family Clinic 802 W. Colton Ave., Ste. D, Redlands	Redlands	Times vary, please call.	(909) 793-6330
		Ridgecrest Regional Hospital- Maternal Child Unit 1081 N. China Lake Blvd., Ridgecrest	Ridgecrest	Mon., Wed., & Fri. 8:45 a.m. - 12:45 p.m.	(760) 499-3032
		Parkview Community Hospital 3865 Jackson St., Riverside * Clinic is ONLY available for patients that have given birth at the hospital.	Riverside	Times vary, please call.	(951) 688-2211 Ext. 4111
		Riverside County WIC Program	Riverside County	Times vary, please call.	(951) 358-7200 (800) 455-4942
		Loving Support Breastfeeding Helpline	Riverside County	Available 24 hours a day, 7 days a week.	(888) 451-2499 (951) 358-7212
		Community Hospital of San Bernardino 1725 Western Ave., San Bernardino	San Bernardino	Tues. - Fri. 9 a.m. - 2 p.m.	(909) 806-1816
		Inland Behavioral & Health Services, Inc. WIC Program 665 N. D St. San Bernardino * Must be a WIC participant.	San Bernardino	Mon. - Fri. 8 a.m. - 7 p.m. Sat. 9 a.m. - 5:30 p.m.	(855) 424-7942
		St. Bernardine Medical Center- Baby and Family Center 403 E. Highland Ave., San Bernardino	San Bernardino	Times vary, please call.	(909) 881-4420
		The Natural Birth Place, Inc. 1881 Business Center Dr., Ste. #8A, San Bernardino * Offers tongue tie revisions	San Bernardino	Times vary, please call.	(909) 567-2165
		San Bernardino County WIC Program	San Bernardino	Mon. - Thurs. 7:30 a.m. - 5 p.m. Fri. 7:30 a.m. - 4 p.m.	(800) 472-2321
		San Antonio Regional Hospital- Healthy Beginnings 901 San Bernardino Rd., Ste. #107, Upland * Clinic is ONLY available for patients that have given birth at the hospital.	Upland	Mon., Tues., Thurs., & Fri. 8 a.m. - 2 p.m.	(909) 920-6230

