



San Bernardino County Community-Based Partner Collaborative

June 4, 2024

Purpose

To enhance outreach and promotion efforts throughout the County by fostering collaborations with community-based partners and trusted messengers.

Public Health Officer Update

Presenters: Dr. Michael Sequeira

COVID-19

- We currently have a Flirt mutation of Covid-19. It's called "Flirt" because it's a specific designated area with a spiked protein.
- There is no increase in hospitalizations or deaths.
- Anticipate another vaccine for Fall 2024.

Avian Influenza (HPAI / H5N1)

- Bird flu (H5N1), a novel influenza virus. Like the coronavirus, the bird flu can potentially create a pandemic hitting the general population, mostly effecting the immunosuppressed or elderly.
- H5N1 has been found in birds and wildfowl, killing 98 million fowl.
- It is highly pathogenic in birds and has recently been found in dairy cows.
- 9 states with over 58 herds where the H5N1 influenza virus has been found, including in the milk – **none** in **California** so far.
- 2 potential candidates for the influenza vaccines covering Avian Influenza.
- Drinking raw milk puts you at a higher risk of getting H5N1.

Black Maternal Health

Presenter: Silvia Caswell, Silvia.Caswell@dph.sbcounty.gov

- Maternal health immortality in the United States: 700 – 900 women experience death related to pregnancy or childbirth.
- Every case of mortality is approximately 70 to 80 cases of severe morbidity (severe complications).
- 50,000 women in the U.S. experience near-fatal complications.
- 60% of deaths have been found preventable.
- California – San Bernardino County: mortality ratio per 100,000 is 18.6% (state level).
- Racial disparities are seen in pregnancy-related mortality.
- An individual's overall health considers 50% of their fiscal environment and socioeconomic factors (education, job status, family support, income, community safety, and physical environment), 30% of health behaviors (alcohol consumption, tobacco use, diet & exercise), and 20% is clinic assistance (access to care).

- Chronic toxic stress is the result of structural racism – which leads to poor maternal health outcomes in black women, known as Weathering.
- If you're having any red flag symptoms while you're pregnant or during post-partum like a headache that won't go away, trouble breathing, decreased fetal movement, feeling really tired, or feeling like something's just not right - Please speak up.

CDC Campaign - [HEAR HER Campaign | HEAR HER Campaign | CDC](#)

Black Infant Health

Presenter: Robert Black III, rblack@healthcollaborative.org

- California Health Collaborative – 75 regional statewide programs throughout California (tobacco prevention, nutrition, diabetes prevention).
- Black Infant Health (BIH) services are provided in California communities where 90% of black births occur: San Bernardino, High Desert, Riverside, San Diego, Los Angeles, and Long Beach (14 counties, 22 cities).
- BIH focuses on contributing factors of racial inequities and disempowered communities: chronic stress, social isolation, limited access to services, and economic hardship.
- Racial Inequities – Racism is declared a public health crisis.
- **Program Model:**
 - Support social support and reduce isolation.
 - Provide health education on stress management techniques to reduce stress.
 - Refer women to appropriate medical/social/economic/and mental health services
 - Partner with the community and providers to educate.
- There are 2 sites in San Bernardino County with a variety of programs: 10-week support groups that cover topics such as health, nutrition, exercise, breastfeeding, relationships, parenting techniques, and life planning case management.
- Prenatal and postpartum groups for any black woman who has just given birth from 0-5 months.
- Women's Health Expo – there were over 500 people at that event to engage with the community, provide different tables talking about different things: maternal stressors, breastfeeding, and exercising.

Website - [Where We Are – Black Infant Health](#)

Community Partner Roundtable

- **Institute for Public Strategies:** Safe Summer Fair Event June 6th at Highland Pacific Elementary School from 1:00 PM – 3:30 PM.
- **Department of Behavioral Health, San Bernardino:** *Narcan Training and Fentanyl Awareness Presentation* on June 9th from 11:00 AM - 12:30 PM at Victor Valley Museum in Apple Valley. *Poetry Night – Recovery Through Spoken Word* on June 20th from 5:00 PM – 7:00 PM at Victor Valley Museum in Apple Valley. *First Annual Summer Wellness Extravaganza* on July 20th from 3:00 PM – 8:00 PM at Cal State San Bernardino. *Recovery Happens* on September 14th from 3:00 PM – 8:00 PM at the Inland Empire 66ers Stadium.
- **Community Health Systems:** *Mammogram Event* June 13th at 9:00 AM. *Backpack Event* on July 31st, 9 AM – 12 PM.

- **Molina Healthcare:** \$100 for listening sessions for anyone in the Inland Empire who works in the black maternal health space (CBOs, providers, Dulas, Molina members who identify as black/African American)
- **St. John Community Health:** The harm reduction program offers certified training on Narcan.
- **Child Support Services:** *Annual Donuts with Dad* on June 15th from 8:00 AM – 1:00 PM
- **Environmental Health Services:** will be hosting free monthly classes – Liaison Education and Risk Network (L.E.A.R.N) [learn-flyer English. Spanish 2.pdf](#)

JUNE 2024

- June 25, 2024: Virtual English 2 PM – 4 PM
- June 26, 2024: Virtual Spanish 2 PM – 4 PM
- June 27, 2024: In Person English 2 PM – 4 PM (San Bernardino)

The next meeting will be on

July 2, 2024