

# Public Health **Health Equity**

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CBO Collaborative Meeting Summary Sharon Wang, DO, MSHPE, FIDSA Health Officer August 05, 2025

## **Purpose**

To enhance outreach and promotion efforts throughout the County by fostering collaboration with community-based partners and trusted messengers.

#### **Public Health Officer Update**

Speaker: Dr. Sharon Wang, EquityInAction@dph.sbcounty.gov

#### **Facts About Vaccines**

- Definitions:
  - Disease Control: Reducing disease incidence and death to low local levels.
  - **Elimination:** The absence of a disease or an intensive intervention measure with a specific disease reduction target.
  - **Eradication:** Worldwide absence of a specific disease-causing agent.
- Examples of vaccine-preventable diseases: Cholera, COVID-19, Dengue, Tetanus, Rabies, Polio, Influenza, and more.
- Vaccines not only prevent these diseases but also help prevent secondary complications.
- Complete vaccination schedules are crucial for children, ages 0-18.
- Some vaccines, such as tetanus, require multiple doses over time.
- Measles cases are appearing locally again, whereas before they were mostly travel-related.
- Pregnant individuals receiving the Tdap vaccine can pass immunity to their unborn child, protecting them from whooping cough.
- Pneumonia Vaccine: Recommended by Dr. Wang for individuals aged 50 years and above.
- While it may not completely prevent pneumonia, it reduces the risk of death from complications of the disease, such as heart infection.

#### Scheduling a Vaccine Appointment

Call: 1-800-722-4777

Online: MyTurn.ca.gov

#### San Bernardino Countywide Vision

#### Community Vital Signs (CVS), Dori Baeza, Dori.Baeza@dph.sbcounty.gov

- Vision Statement: We envision a county where a commitment to optimizing health and wellness is embedded in all decisions by residents, organizations, and government.
- Full Countywide Vision Statement available at: CAO Vision San Bernardino CountyWide
- 10 Elements of the Countywide Vision: Education, Environment, Housing, Image, Infrastructure, Jobs/Economy, Public Safety, Quality of Life, Water, Wellness
- Community Vital Signs was created to improve the county's overall wellness.

- It provides a structure for communities to assess and address pressing health issues through cross-sector collaboration.
- CVS helps align and leverage resources across sectors and drives strategic action through the San Bernardino County Community Transformation Plan (CHIP).
- CVS helps turn the Countywide Vision into action by creating community-led health improvement structures, encouraging cross-sector collaboration, and aligning resources and efforts for action.

#### **Community Health Priorities**

- Behavioral Health: Improve mental health and reduce substance misuse in San Bernardino County
- Injury and Violence Prevention: Decrease incidences of violence in San Bernardino County
- Chronic Disease: Decrease morbidity and mortality rates for chronic diseases in San Bernardino County

#### **Get Involved**

To join a workgroup or implementation committee, contact: <u>Dori.Baeza@dph.sbcounty.gov</u> Childhood Cancer Awareness Month

#### Childhood Cancer Foundation of Southern California: Stephanie Avila, kids@ccfsocal.org

• The Childhood Cancer Foundation of Southern California supports families with children (0-18) diagnosed with cancer by providing emotional, social, educational, and emergency assistance from the time of diagnosis through treatment or loss.

#### **Key Statistics**

- Diagnoses: Approximately 15,000 children were diagnosed with cancer in 2024 in the United States
- Average age at diagnosis: 10 years
- Mortality: Cancer remains the leading disease-related cause of death among children (1,800 deaths/year)
- Most common cancer types (ages 0-14): Leukemia; brain and central nervous system tumors; lymphoma
- Survivors: Around 500,000 childhood cancer survivors in the U.S.

## Signs & Symptoms to Watch For

- Unexplained weight loss
- Persistent headaches, often accompanied by vomiting
- Swelling in bones or joints
- Lumps or masses
- Excessive bruising
- Whitish reflection behind the pupil
- Changes in eye appearance or vision
- Recurring infections
- Noticeable paleness

#### **Treatment Options**

- Can be a single or combination treatment
- Chemotherapy
- Hormone therapy
- Immunotherapy
- Radiation therapy
- Blood stem cell transplant
- Surgery
- Duration: Typically, lasts 2-3 years

#### **Long-Term Effects on Survivors**

• Approximately two-thirds of survivors develop at least one chronic health condition

- Potential conditions include:
- Learning difficulties, attention and memory issues, nerve damage, vision or hearing loss
- Heart disease or failure, high blood pressure, reduced lung function
- Anxiety, depression, post-traumatic stress, fear of recurrence
- Lifelong care needs: ongoing medical screenings, specialist follow-up, education support services

#### **CCFSoCal Programs & Services Offered**

- Grocery Distribution
- Gift Distribution
- Housing Assistance
- Teen Connection Program
- Parent Pantry
- Birthday Gift Program
- Parent Support Meetings
- Emergency Financial Assistance
- Educational Support Services
- Diaper Bank Program
- Hospital Visitation
- Special Events

#### **CBO Business**

Speaker: Karen Rodriguez, EquityInAction@dph.sbcounty.gov

#### September Learning Topic Poll:

- 1. Bullying Prevention Month
- 2. Breast Cancer Awareness Month
- 3. Domestic Violence Awareness Month

# **Poll Results – Bullying Prevention Month**

Reminder: The topics listed above are observances for October. We present these topics a month in advance, so you have time to prepare for sharing information or hosting events during the observance month.

We encourage you to fill out the survey — All feedback will help us to better support our community. CBO Collaborative Feedback

#### **Community Partner Roundtable**

 Morongo Basin Healthcare District is hosting a Health and Wellness Resource Fair on October 11<sup>th</sup>

For more information contact: <a href="mailto:danderson2@mbhdistrict.org">danderson2@mbhdistrict.org</a>

- Cayenne Wellness Center services patients with sickle-cell in the Inland Empire area.

  To get in touch with their organization, contact: <a href="mailto:joan.green.cayennewellness@gmail.com">joan.green.cayennewellness@gmail.com</a>
- Project Fighting Chance has re-opened their services for youth after school. They provide boxing, fitness, arts, enrichment, and social emotional needs.
   Learn more at projectfightingchance.org
- Inland Empire Alzheimer's Association offers free classes in the Inland Empire on awareness and understanding Alzheimer's and living healthy and thriving. Call (800)272-3900 or visit ALZ.ORG/CRF to learn more.

# The next meeting will be on September 2<sup>nd</sup> 9 AM - 10:30 AM Via Zoom: CBO Collaborative Meeting Link - Zoom