

Public Health Health Equity

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CBO Collaborative Meeting Summary Sharon Wang, DO, MSHPE, FIDSA **Health Officer** July 01, 2025

Purpose

To enhance outreach and promotion efforts throughout the County by fostering collaboration with community-based partners and trusted messengers.

Public Health Officer Update

Contact: EquityInAction@dph.sbcounty.gov

Mosquitoes in Colton Test Positive for West Nile Virus San Bernardino County Public Health has confirmed the presence of West Nile virus in mosquitoes collected in Colton. The news release highlights symptoms, ways to reduce the risk of infection, and tips on preventing mosquito bites.

Read full news release:

2025-06-03-Mosquitoes-in-Colton-test-positive-for-West-Nile-virus-002

San Bernardino County Department of Public Health - Program Updates

Prepared and Response Program: Naomi Orantes, Naomi.Orantes@dph.sbcounty.gov

PRP Partnership Meeting – One-Year Relaunch Anniversary Join us as the PRP team celebrates the one-year anniversary of its relaunch at tomorrow's partnership meeting! This event is hosted in collaboration with the HP3 Coalition, led by the Inland Counties Emergency Medical Agency. Community-Based Organizations (CBOs) are highly encouraged to attend; your partnership is vital to effective emergency response. There's still time to RSVP — everyone is welcome!

To RSVP, contact: Naomi.Orantes@dph.sbcounty.gov

Jurisdictional Risk Assessment Now Available Thank you to everyone who participated in the Jurisdictional Risk Assessment survey. Your input helped identify top hazards in the county. The completed report is now live on the PRP website. This data will inform a multi-year Integrated Preparedness Plan, shaping future training, drills, and exercises.

JRA Report 2025.pdf

Communicable Disease Sector: Olusola Sanwo, Olusola Sanwo@dph.sbcounty.gov

The Communicable Disease team shared an important update on mpox (formerly known as monkeypox). Though Clade (1) of the virus remains mostly outside the U.S., Clade (2)

- continues to circulate in California, with over 6,000 reported cases and 320 hospitalizations to date. Most cases affect males, particularly those in same-sex relationships, though anyone can be at risk.
- Vaccination remains a critical tool in preventing spread. The County offers free mpox vaccinations at public health clinics in San Bernardino, Hesperia, and Ontario, and through community outreach such as the Wellness on Wheels (WOW) Van. Vaccination is strongly encouraged for individuals at higher risk, including those with recent STIs, multiple sexual partners, or known exposure to mpox.

Monkeypox (MPOX) – Department of Public Health

Overdose Awareness Month

Department of Behavioral Health: Alex Cordova, ACordova@dbh.sbcounty.gov

- Fentanyl is a powerful synthetic opioid that's 50 times stronger than heroin. Just 2 milligrams can be deadly. It is often mixed into counterfeit pills without the user knowing.
- Overdose Signs to Know Watch for slow or stopped breathing, blue lips or fingertips, small pupils, gurgling sounds, and unresponsiveness. These are signs of a possible opioid overdose.
- In recent years, fentanyl-related overdoses have increased significantly in San Bernardino County. Youth and young adults are at growing risk due to counterfeit pills often shared at parties or purchased online.
- Fentanyl continues to be a major contributor to overdose deaths in the region including youth fatalities often due to its presence in counterfeit pills or other substances taken unknowingly.
- Narcan Saves Lives Narcan (naloxone) is a medication that reverses opioid overdoses.
- The team provides **free Narcan (naloxone)** training and distribution across the county to help prevent opioid-related deaths. They are available to present at community events, schools, and partner agencies, offering education on opioids, signs of overdose, and how to administer Narcan.
- The Screening, Assessment, and Referral Center (SARC) offers free, confidential assessments for treatment access, regardless of insurance status. The 24/7 SARC line is available at 1-800-968-2636.

Fentanyl Awareness – DBH Internet Website

BrightLife Kids & Soluna:

Claudia Estrada: Crodriguez@hellobrightline.com, Allison Lawrence: Ce@solunaapp.com

- Two state-funded mental health platforms serving California youth and families:
 - Bright Life Kids supports children ages 0-12 and their parents/caregivers.
 - Soluna supports teens and young adults ages 13-25.
- Both platforms are free to users, regardless of insurance, income, or immigration status.
- **Bright Life Kids** provides virtual, one-on-one behavioral health coaching focused on early intervention and prevention.
 - o Supports behavioral challenges and emotional regulation for children and families.
 - Bilingual coaches (English/Spanish) and translation services in 17 additional languages.
 - Not therapy or clinical intervention; provides coaching and care coordination to connect families to further resources as needed.
 - Coaching includes weekly 30-minute sessions with parents and children (age 5+ can participate).

- o Specialized coaches support families with children with special needs (e.g., autism).
- o Digital tools include podcasts, videos, articles, exercises.
- Offers a virtual community platform for parents to connect and share support, including Spanish-speaking groups.
- Easy online registration with minimal info required (parent/child names, zip code, child age).

BrightLife Kids - A CalHOPE Program by Brightline

- **Soluna** is designed specifically for California teens and young adults based on extensive user feedback.
 - Focuses on early intervention/prevention with self-guided tools like journaling, goal setting, breathwork.
 - Moderated, age-gated peer forums (13-17 and 18-25) with coach moderation to ensure safety.
 - Optional 1:1 coaching and care coordination for referrals to external community resources.
 - Available in English and Spanish with telecoaching in 17 other languages.
 - Anonymous usage with safety features: content moderation, no direct messaging, risk flagging.
 - Registration requires only birthdate, California zip code, and email; guest user option available with limited features.
 - o Free print and digital promotional materials available for community partners.
 - Demo app available for stakeholders to explore.

Free & Confidential Mental Health Support for CA Youth

- **Collaboration & Support** both programs offer digital toolkits, flyers, social media content, and email templates for partners.
- Materials are available electronically and as printed copies mailed for free.
- Programs seek to complement, not replace, existing mental health services in schools and communities.
- Contact points provided for further support, tailored outreach, and partnership opportunities.
- Bright Life Kids recently released "5 Summer Tips" affordable, accessible activities for families.

CBO Business

Speaker: Karen Rodriguez, EquityInAction@dph.sbcounty.gov

August Learning Topic Poll:

- 1. Childhood Cancer Awareness Month
- 2. Obesity Awareness Month
- 3. Sickle Cell Awareness Month

Poll Results - Obesity Awareness Month

We encourage you to fill out the survey — All feedback will support us to better support our community. CBO Collaborative Feedback

Community Partner Roundtable

• Love Your Best Life is hosting *Doula Certification Training* at Victor Valley College (July 12, 13, & 27 from 9 AM–5 PM.

For more information contact Priya@loveyourbestlifellc.com

- Young Visionaries is hosting the Youth Leadership Academy Healthy Perspectives Parenting Workshop in San Bernardino (7-week course).
- St. John's Community Health San Bernardino is hosting *Diva Con: Talent & Art Show + Resource Fair* on July 12 from 5–8 PM.
 Register here: <u>DIVACON: Youth Talent + Art Show St. John's Community Health Tickets</u>, Sat, Jul 12, 2025 at 5:00 PM | Eventbrite
- Institute for Public Strategies is hosting Youth Volunteer Opportunity SEL Conference in East Valley: Redlands, Yucaipa, Loma Linda, Mentone.

 For more information contact: Rramos@publicstrategies.org
- Loma Linda University Health is sharing the 2024 Community Health Needs Assessment Inland Empire: <u>LLUH-CHNA-Report.pdf</u>
- Active Inland Empire is hosting its Social Cold Plunge & 5K Run in Rancho Cucamonga on July 5 starting with a 7 AM run & 9 AM event.
 Register here: SweatPals - Whatever your ability, this is your community.
- Department of Behavioral Health & IE Opioid Crisis Coalition is hosting Recovery
 Happens Annual Celebration at the Sylvan Park, Redlands in September. Pending Event
 Information.

For more information contact: $\underline{\text{Gustavo.Cisneros@dbh.sbcounty.gov}} \text{ or } \underline{\text{ACordova@dbh.sbcounty.gov}}$

The next meeting will be on August 5th
9 AM - 10:30 AM

Via Zoom: CBO Collaborative Meeting Link - Zoom