

## Template measles email communication for schools

Dear Parents/Guardians,

Recent measles cases reported in California have highlighted the risks associated with international travel and the importance of vaccination against measles, a highly contagious illness. As your school administrator/principal, I'd like to ensure that all families have the information needed to protect their health while traveling abroad.

### Protect Your Family with Measles, Mumps, Rubella (MMR) Vaccines

If your family plans to travel internationally—whether visiting relatives or exploring new destinations—please make sure everyone is protected against measles. **Here's what you need to know:**

- **Babies 6-11 months** should receive one dose of MMR vaccine before traveling.
- **Everyone 12 months and older** should be up to date with two doses of the MMR vaccine. If not, two doses can be given at least 28 days apart.

### How to Check Your Family's Vaccination Status

You can verify your family's vaccination records online at [myvaccinerecord.cdph.ca.gov](https://myvaccinerecord.cdph.ca.gov).

### Free and Low-Cost Vaccination Option

Families who are underinsured or uninsured can access free or low-cost vaccinations through:

- The Vaccines for Children Program (for children 0-18 years of age)
- The Vaccines for Adults Program (for adults 19 years of age and older).

Find a participating provider today at <https://bit.ly/izclinic>! For additional assistance, contact your [local health department](#). We encourage you to take action to protect your loved ones and prevent the spread of measles. Thank you for your continued partnership in keeping our school and community healthy and safe!