

Department of Public Health Communicable Disease Section

Quarterly Newsletter January 2019



Volume 7 Issue 1

Preteen Vaccine Week- March 3-9, 2019

This year Preteen Vaccine Week will be recognized March 3-9, 2019. This campaign encourages medical providers to focus on protecting preteens (11-12 year olds) against dangerous vaccine-preventable diseases. A strong recommendation to parents on vaccinating their preteens will go a long way. Encourage parents to allow the administration of the following recommended vaccines: meningococcal, human papillomavirus (HPV), pertussis and influenza.

- One dose of meningococcal conjugate is needed at 11-12 years and a booster dose at age 16. This vaccine will protect against serious types of bacterial meningitis and other related infections.
- Two doses of human papillomavirus (HPV) vaccine are recommended if the series was initiated before age 15, otherwise three doses are needed to complete the series. HPV vaccine helps protect against HPV infection and

HPV-associated cancers.

- One dose of Tdap will protect against tetanus, diphtheria, and whooping cough (pertussis).
- One dose of Influenza (flu) is needed each flu season.

Take advantage of preteen doctor's visits, whether your patient is coming in for an annual check-up, a camp or sports physical. These are excellent opportunities to share information on how immunizations can protect preteens and adolescents from vaccine preventable diseases. This is also the perfect opportunity to bring preteens and adolescents up-to-date on any missed vaccines.

Participate in Preteen Vaccine Week by promoting recommended immunizations at every opportunity.



Cervical Cancer Awareness Month-January

January is cervical cancer awareness month. Medical providers can participate in this observance by providing patients with information on cervical cancer and the Human Papillomavirus (HPV) vaccine. HPV vaccine protects against multiple HPV cancers that often cause cervical, vaginal, and vulvar cancers in women and penile cancers in men.

The HPV vaccine is recommended for preteens aged 11 to 12 years and can be

administered as early as nine years of age and through 26 years of age. The vaccine is given in a series of either two or three doses depending on the age in which the first dose was administered. This vaccine should be recommended along with the adolescent vaccines. (refer to Preteen vaccine article)

For more information regarding HPV doses contact the Communicable Disease Section at (800) 722-4794.



State-Purchased Flu Vaccine is available at <u>NO COST</u> for medical providers who meet the following guidelines:

- Non profit or local government agency.
- Serve uninsured or underinsured individuals.
- Follow proper vaccine storage and handling requirements.

If your facility meets the guidelines you may be eligible to receive State-Purchased flu vaccine for the 2018-2019 flu season!

For more information contact a Health Education Specialist at (800) 722-4794.

Find us on Social Media:







World TB Day - March 24, 2019

World Tuberculosis (TB) Day is commemorated annually on March 24th. "It's Time" is the theme for 2019. On this day, public outreach is increased to remind everyone that TB remains an epidemic in many parts of the world. In 2017, 10 million people around the world became sick with TB disease and there were 1.3 million TB-related deaths worldwide.

Ending TB requires maintaining and strengthening current TB control priorities while increasing efforts to identify and treat latent TB infection among high-risk populations. TB is preventable and curable. Individuals with active TB should be identified and placed on proper TB treatment to reduce the risk of spreading the disease. Latent TB Infection (LTBI) treatment is encouraged to prevent TB disease from developing in the future. Testing and treating patients with TB disease or LTBI will bring us one step closer to ending TB.

Report any suspected or confirmed TB cases by completing a <u>TB case/suspect form</u>, and faxing it to the Communicable Disease Section at (909) 387-6377. For more information call (800) 722-4794 and ask to speak with a TB nurse.

Helpful TB resources for healthcare providers:

- <u>California Adult Tuberculosis Risk</u>
 Assessment
- <u>Talking Points For Adult Patients</u>
- Professional Resources and Tools



STD Prevention

Adolescents aged 15-24 account for 50% of the 20 million new sexually transmitted diseases (STDs) that occur in the United States each year. In 2017, San Bernardino County had a 14.4% increase in chlamydia cases, 17.8% increase in gonorrhea cases, and 46.1% increase in syphilis cases. The majority of these cases were among 15-24 year old residents. STDs can affect people of all ages, and some groups are affected more than others. As a healthcare provider, your role is important and influential when protecting patient's health.

Healthcare providers and staff can assist in minimizing STD rates by following these five strategies for the prevention and control of STDs:

Accurately perform STD risk assessments

- Provide pre-exposure vaccination to individuals at risk for vaccinepreventable STDs
- Identify asymptomatically infected individuals as well as people with STD associated symptoms
- Effectively diagnose, treat, counsel, and follow up with infected individuals
- Evaluate, treat, and counsel the sex partner(s) of individuals with an STD

Report STD cases to the Communicable Disease Section by completing a Confidential Morbidity Report (CMR) and fax it to (909) 387-6377 or call 1-800-722-4794.





January
Cervical Cancer Awareness
Month

January 24 Immunization Skills Institute Training-San Bernardino

February 19Riverside County Immunization
Update-Rancho Mirage

February 21Riverside County Immunization
Update-Moreno Valley

March 3-9
Pre-teen Vaccine Week

March 24 World TB Day



IMMUNIZATION SKILLS INSTITUTE

Immunization Skills Institute is a free innovative course that provides training to medical assistants on current, effective and caring immunization techniques.

For registration information contact a Health Education Specialist at: (800) 722-4794.

Space Is Available For The ISI Training on January 24th!

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Click on the following link to access the <u>Confidential Morbidity Reports</u> (CMRs) page. Fax completed CMRs to: (909) 387-6377. **For** HIV CMRs call 1.800.722.4794 before faxing.

To report suspect or confirmed cases of TB, complete a <u>TB case/suspect form</u>, and fax the form to the Tuberculosis Control Program at (909) 387-6377. After faxing, follow-up with a phone call to one of the TB nurses at: 1-800-722-4794.

