



San Bernardino County Community-Based Partner Collaborative

May 7, 2024

Purpose

To enhance outreach and promotion efforts throughout the County by fostering collaborations with community-based partners and trusted messengers.

Public Health Officer Update

Presenters: Dr. Michael Sequeira and Dr. Silvia Caswell

Measles

- Measles is one of the most common communicable diseases and vaccination rates have dropped. Leaving some of our population vulnerable.
- We are beginning to see Measles in the country.
- 1 case was found in San Bernardino County, resulting in transmission to 200 people who needed to be quarantined.
- In 2017, another case of measles was reported, 1 person infected and spread to 180 individuals.
- Schools are recommended to have 90% of vaccination rates for measles and MMR.
- Symptoms: 3 C's – Dry Cough, Coryza (running nose), Conjunctivitis (pink eye), high fever, and rash (starts on the head and around the hairline spreading downward).
- Simply sharing the same space can cause the virus to spread – the incubation period is 8 to 12 days and the infectious period is 4 days. [Transmission of Measles | CDC](#)

Avian Influenza

- Avian Influenza is found in birds but has recently been found in cows and milk.
- In California it is a public health concern however we have not seen any cases.
- Pasteurization does kill the influenza virus, as for dairy California has extensive screening.

High Blood Pressure (Hypertension) Awareness

- NEW – High Blood Pressure number is anything above 130 / 80, Urgent/emergency – High Blood Pressure number is 180 / 120, Normal – High Blood Pressure number is less than 120 / 80.
- San Bernardino County is one of the better counties in terms of Hypertension rates, in 2019, 28% of adults had high blood pressure.
- Kids, however, have been affected due to their environment, food, and lack of physical activity resulting in more chronic conditions. High blood pressure is one of them.
- 2/3 of the increase was found to be in males, and nearly 1/2 of the increase was in those with obesity.

- Risk factors for heart disease include being male, genetics, lack of physical activity, and diet. High sodium intake from processed and fast foods, excessive alcohol, smoking, caffeine, and stress also contributes to the risk.
- No symptoms may occur, however, in severe cases these symptoms may present as severe headache, blurry vision or other vision changes, chest pain or feeling tight in the chest, heart palpitations, fluid retention, dizziness, and numbness or weakness.
- 77% of people who have a first stroke have high blood pressure and high blood pressure increases your stroke risk by 4 to 6 times.

[Blood Pressure Fact Sheets | American Heart Association](#)

[Validate BP](#)

San Bernardino County Department of Public Health Updates

COVID-19 General Update

- The FDA has recently authorized a monoclonal antibody, Pempgarda as a pre-exposure prophylaxis.
<https://www.fda.gov/media/177066/download?attachment#msdyntrid=1EcKQ5yQbvbBvLrOs-ZmqBV1qCso8dsqvt-hGMFabu0>
- Pempgarda is used in certain adults and adolescent individuals who are not currently infected with COVID-19, have not had recent exposure, and have moderate to severe immunocompromise due to a medical condition.
- New formula for the 2024-2025 season to be released September/October – COVID vaccines are recommended year-round. <https://eziz.org/assets/docs/COVID19/IMM-1396.pdf>

Health Equity Update

- Goal: Aim towards 25% of our population over 65-year-olds in the county to be vaccinated with the most up-to-date COVID-19 vaccine – we achieved that goal by obtaining more than 25% of our population vaccinated.
- Goal: 15% of our youngest population (6 months – 4-year-olds) updated with the most recent COVID vaccination – vaccination rates are low for our pediatric age groups.
- The Vaccine Equity Dashboard is now live! Please visit <https://covid19-sbcph.hub.arcgis.com/> to get up-to-date data on vaccine distribution within the county.

Kaiser Permanente Resource

Presenter: Martha Valencia-Rodriguez, martha.r.valencia@kp.org

- Kaiser Permanente has a social mission to provide high-quality, affordable healthcare services.
- Community health program – priorities external facing include access to care, housing for health, income and employment, education, mental health, and food and nutrition security.
- Utilize internal resources and assets to support organizations across the board through the grant funding program, partnering by being part of collaborations, and providing programs and services run internally.
- Work extensively with Federally Qualified Health Centers (FQHCs) and free clinics by supporting their delivery of primary care, dental, and mental specialty care services.

- The grant program is by invitation only – the approach is to have a meeting with the community health manager (Martha): about specific geographies, the highest uninsured rates, and disparities.
- Cover the high desert (west and central) – Victorville, Hesperia, Central Fontana, San Bernardino (west end), Ontario, and Montclair.
- Education sector – health education, partnered with school districts, improve high school attendance.
- Paid internship positions – high school and college level to improve college and career readiness.
- Mental and Wellness virtual resources – podcasts, classes, first aid training,

Community Partner Roundtable

- NOFO <https://grants.gov/> - from the landing page: click Search Grants -> on the left side of the screen, under BASIC SEARCH CRITERIA: -> enter the opportunity number in the Opportunity Number Box -> on the next page, click on the blue opportunity link -> You will then arrive at the VIEW GRANT OPPORTUNITY page. Once you've accessed the NOFO page on Grants.gov, you can access the 'Related Documents' tab which has items available for download.
- Building Resilient Communities is holding its 2024 Ark of Safety summit on June 13th at the Catholic Diocese of San Bernardino. [Ark of Safety Community Resiliency Summit Tickets, Thu, Jun 13, 2024 at 8:30 AM | Eventbrite](#)
- Institute for Public Strategies is having its Summer Safety Fair on June 06, 2024, at Highland Pacific Elementary School from 1 pm to 3:30 pm. [Safe Summer Fair Flyer \(4\) 2.pdf](#)
- Molina Healthcare is conducting \$100 listening sessions (in-person or virtual) for Inland Empire Providers and Inland Empire CBOs who serve folks in the Inland Empire African American maternity experience. Also providing \$100 gift cards to Inland Empire African American Molina Members who are pregnant and/or were recently pregnant for their participation in a listening session. [Molina-IE Maternity Study Recruitment Flyer.pdf](#)
- Chasing 7 Dreams – Pamper My Baby Program is hosting a free workshop for parents and caregivers of babies ages 0 – 4 years old. [Pamper my baby.pdf \(sbcounty.gov\)](#)
- Youth Employment Opportunity Program – EDD will be having a job fair on May 15th at [Victor Valley College - 2024 Victor Valley College Community Job Fair \(dudesolutions.com\)](#)
- Department of Behavioral Health of San Bernardino is celebrating Mental Health Awareness for May, hosting several events – May 11th from 4 – 6 pm at Redlands Harkins Theater, May 16th from 12 pm – 2 pm at San Bernardino County Museum, and “Evening with the Stars” May 28th from 5 pm – 8 pm at the Ontario DoubleTree by Hilton Ontario Airport.
- Planned Parenthood San Bernardino is hosting two events: Wednesday, May 15th, 2024 – a webinar that will focus on Masculinity and Mental Health. You can register here: [Community Education & Outreach Events | Planned Parenthood of Orange & San Bernardino Counties, Inc.](#) and June 5th, 2024 – hosting a town hall focused on supporting LGBTQ+ youth in San Bernardino (hybrid join both in-person or virtually). You can register for this event here: <https://forms.gle/AyY8AJLwnKBzA5nx9>

The next meeting will be on

June 4, 2024