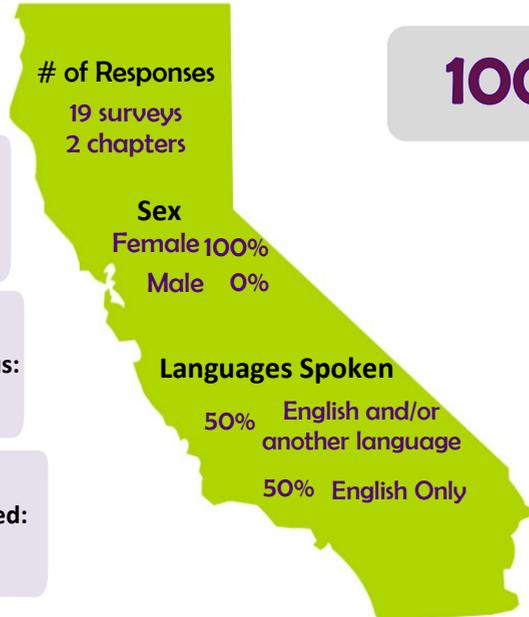
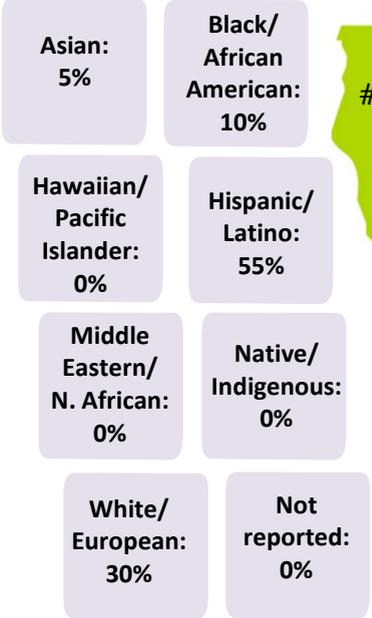


Middle School

Youth Characteristics

"Being in FNL is important to me because I am able to build on my leadership skills, learn about drug, alcohol, and tobacco-related issues, and build new relationships and friendships."



100% of participants report they gained skills that will help them in school

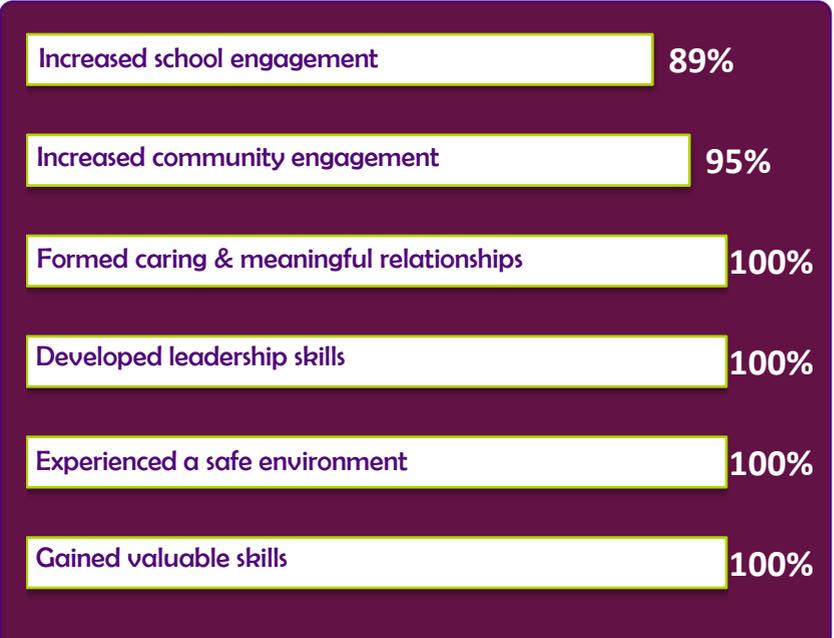
Specific Skills Youth Gained:

- 100% Active listening
- 100% Working as part of a group
- 83% Carrying out a plan
- 83% Looking at issues in my community and school
- 78% Planning and organizing my time

"FNL helps me be better prepared for leadership roles in high school or higher education."

89% of participants report that FNL has strengthened their mental health

FNL Promotes Positive Youth Development:



FNL Reduces Risk of Alcohol, Tobacco, and Other Drug (ATOD) Use:

100% In FNL, I learn about problems ATOD can cause.

100% Because of FNL I support other youth make healthy choices (that don't involve ATOD).