

How to help

Avoid products with kratom or 7-OH

Many of these products are designed to look like candies, treats, or “healthy” items.

Look at the label carefully so you do not buy kratom or 7-OH.

Know the signs of an overdose and how to respond

If someone is unresponsive:

- Call 911 immediately
- If available, use narcan
- Keep the person awake and breathing
- Lay them on their side to prevent choking
- Stay until first responders arrive

Keep Narcan (Naloxone) nearby

Narcan is a life-saving medicine used to treat an opioid overdose, including overdose related to heroin, fentanyl, prescription opioid medicines, or 7-OH.

Narcan

A 7-OH related overdose can be reversed with **Narcan (Naloxone)**!



Scan the QR code to get your Naloxone kit today



Learn more and get involved!

Important Resources

- Emergencies: Call 911
- California Poison Control 800-222-1222 (available 24/7)



Scan the QR code or visit: bit.ly/43wXNIO for more information on 7-OH and support your community against substances!

Kratom — 7-OH —

KNOW THE DANGERS



Public Health

What is 7-OH?

7-OH is a strong opioid product from a tropical tree leaf called **kratom**. Taking it may lead to addiction, serious harm, overdose, and death.



Dangers of 7-OH

Opioid-Level Potency

7-OH binds to the same receptors targeted by fentanyl and oxycodone, making them extremely addictive.

Not Food and Drug Administration (FDA) Approved

7-OH products are not regulated. Product safety can vary widely.

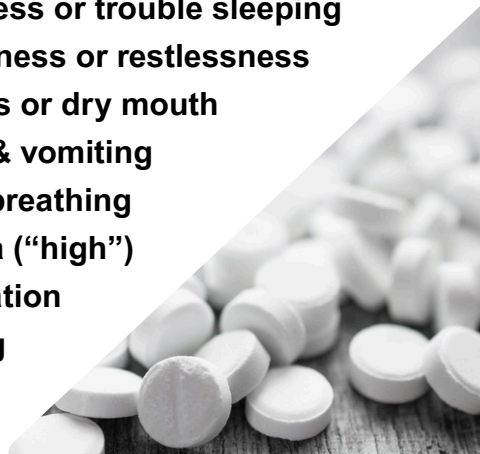
Can Be Fatal

7-OH and other kratom products have been linked to fatal overdoses in the United States.

- Kratom is the common name for the leaf of a tropical tree with the potential for sedative, stimulant, and opioid effects.
- Kratom converts to 7-OH in the body after ingestion.
- Kratom, or 7-OH, is not proven to treat pain or anxiety.

How it Affects the Body

- Drowsiness or trouble sleeping
- Nervousness or restlessness
- Dizziness or dry mouth
- Nausea & vomiting
- Slowed breathing
- Euphoria ("high")
- Constipation
- Sweating
- Seizures
- Death



Product Forms	Illegally Sold At
• Pills • Vapes • Drinks • Powders • Gummies	• Online • Gas stations • Liquor stores • Smoke shops • Other retailers

