



PATIENT RESOURCES

NEED CONTROLLED SUBSTANCE MEDICATION?
LOST HEALTHCARE COVERAGE?

SEEK CARE! YOU ARE NOT ALONE!

This resource provides an overview of options for patients who are prescribed a controlled substance medication and have lost access to their healthcare provider. Some resources shared below may not be applicable to all patients.

If you have medical insurance, check the number or the website on the back of your card for a new provider.

Opioids (Oxycontin) or Benzodiazepines (Xanax)

If you do not have insurance or if you are facing challenges getting an appointment with your healthcare provider network, you may find a substance use treatment and recovery center near you.

For more information: wp.sbcounty.gov/dbh/sudrs or call the Department of Behavioral Health Screening Assessment and Referral Center at **(800) 968-2636**.

FREE Naloxone (Narcan™)

Narcan is available to you at no charge.

To request fentanyl/xylazine test strips and/or Narcan, please scan the QR code or visit dbhlfb.sbcounty.gov/Forms/Narcan, and fill out the form.



Buprenorphine (Suboxone or Subutex)

If you do not have insurance or if you are facing challenges getting an appointment with your healthcare provider network, you may contact Choose Change California for Medication Assisted Treatment (MAT). Search **treatment location**: choosechange.ca.org.

(MAT) combines FDA-approved medications with counseling and behavioral therapies to offer a comprehensive, “whole-patient” approach to treating substance use disorders, including Opioid Use Disorder (OUD).

For information about alcohol and/or drug use treatment options, call (800) 968-2636 for a free and confidential assessment and help finding the treatment that is right for you.

Find Help and Support Now

211 helps people identify, navigate, and connect with local resources. For assistance, call 211.

Experiencing a Behavioral Health Crisis?

Call (800) 398-0018 or text (909) 420-0560 for the Department of Behavioral Health community-based mobile crisis response team.

If someone takes drugs and becomes unresponsive, call 911 immediately. If you are overwhelmed or having trouble coping, call or text the National Suicide Prevention Crisis Lifeline at 988.